



## MLN Fulford, York

Wednesday 17th September

Entries close 20:00 on 16th Sep

This event is the first event of the MLN 25-26 league

? Contact: [mlntechrep@armyorienteeering.com](mailto:mlntechrep@armyorienteeering.com)

### Courses

Final course details subject to controlling

**Blue 6.6Km, 125m, 25 controls**

*Long, technically difficult with pictorial descriptions*

**Short Green 3.7Km, 80m, 15 controls**

*Shorter medium distance, technically difficult with pictorial descriptions*

**Light Green 4.3Km, 60m, 17 controls**

*Medium distance, technically Medium with loose pictorial descriptions, textural descriptions on the map*

**Red 4.7Km, 55m, 18 controls**

*Long, technically easy with textural descriptions.*

### Entry Fees

**Civilian**

Entry Fee: £6.00

**Military**

Entry Fee: £5.00

Late entries for a £1 supplement up to 8pm on the day before

Enter online at [racesignup.co.uk](https://racesignup.co.uk)

### Event Information

**Entry Process**

To enter yourself, your soldiers or friends and family, you will need to create an account on RaceSingUp; there is a link to event just above this text.

Entries close at Midday on the Tuesday before the event. Entries can't be withdrawn or changed after then. Late entries accepted up to 8pm for an additional £1.

Once you have an account you can enter one or multiple people up to a maximum of 20. Once someone's details have been entered they can be recalled for future events. Payment is made at the end of the process with a bank card. If you need to withdraw, the fee will be credited to your "account" and can be used at future MLN-O events

### **What to expect, what to do**

Please make every reasonable effort to arrive at the event in time for your allocated start window, including allowing time to report to reception.

Please park carefully to make the most of the available space.

All competitors must ensure they are fully hydrated before starting, there will be NO drinking water at reception.

There will be a key drop for your car keys at reception.

Loose control description will be provided at the entrance to the start lanes, EXCEPT for the Red course.

Start in your given window and enjoy your run.

At Download collect your splits print and return your Tag.

### **Refund Policy**

You may withdraw from the event up until 12:00hrs the day before. Your entry fee will be held as a credit to be redeemed when you next enter an MLN event. A refund can be made upon request but will incur the card processing fee

### **Travel Directions**

Nearest postcode is YO10 4JY. Parking is on estate roads and a small car park at the community centre. Entrance to car park at what3words train.rocks.guess. Reception is in the community centre.

### **Terrain**

The event uses the Imphal barrack complex, the housing estate to its south and the common land leading east towards the University, known as the Stray, which is undulating rough open with a complex path network and many streams. There are bridges crossing the streams,

### **Map**

Scale 1:5,000, (4K for Sh Green) 5m interval, printed on waterproof paper. Extended and updated by the organiser for this event.

### **Officials**

Planner : Phill Batts

Organiser: Capt Mark Davis 2Sig

Controller: TBC

### **Punching system**

EMIT Emitag Touch Free. Wrist strap chip system with LED light to indicate a successful punch. No beep. No hire charge but lost tags charged at £75.

### **Timing**

Reception: 11.30 - 14.00 hrs for Tag collection.

Starts: 12.00 - 14.30 hrs

Courses Close: 15.30 hrs. Controls will be taken in from 15.00 hrs.

### **Coaching**

Coaching is available for up to 20 military. The coaching sessions are aimed at beginners or those competing on Red or Lt Green courses. They will: start at 12:00 prompt, finish around 15:30, include a run on a course and conclude with a de-brief and action planning. For more information contact Phill Batts via [mlntechrep@armyorienteeing.com](mailto:mlntechrep@armyorienteeing.com).

To book coaching (cost is 50p) please select the 'Mil &Coaching' class when you enter.

### **Conduct**

You must adhere to the [British Orienteering Participant Code of Conduct](#).

### **Dress**

Full leg and arm cover is mandatory; that means no shorts, vests or exposed ankles.

### **Dogs**

Dogs are allowed in the parking area but are not allowed on the area.

### **Facilities**

There are toilets available at reception.

### **Civilian Participation**

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 and land booked iaw the AOA DIO Licence and JSP907.

**Personal Responsibility**

Orienteering in the Army is classed as individual military training. Civilian competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

**Use of personal data**

The personal data you give at Registration will be used by the event organisers and their agents for the purpose of processing and publishing entries and results, conducting safety checks and as required by our insurers to validate our cover. Your information will be managed in accordance with the General Data Protection Regulations (GDPR).