

PERMANENT ORIENTEERING COURSES

No	Name	Location	Maps from	Notes	Suitability
1	Admiralty Ecology Site	Grid reference: NZ 404148 Nearest town: Eaglescliffe	On-site classroom. Maxine Reid 07749-817037	Only available by prior arrangement to supervised children's groups	Wheelchairs Groups Beginners
2	Billingham Beck Valley Ecology Park	Grid reference: NZ 454222 Nearest town: Billingham	Visitor Centre 01642-397609	Temporary controls in use. Prior arrangement is required for group visits with Visitor Centre, who will install controls.	Wheelchairs Groups Beginners
3	Bowes Museum	Grid reference: NZ 056163 Nearest town: Barnard Castle	Education Section, Bowes Museum 01833-690606	Open during museum opening hours.	Groups Beginners Intermediates
4	Bousdale Woods	Grid reference: NZ 585152 Nearest town: Guisborough	Visitor Centre 01287-631132	Open during Visitor Centre opening hours.	Wheelchairs Trail-O Groups Beginners
5	Coatham Wood	Grid reference: NZ 397154 Nearest town: Stockton-on-Tees Parking is in the public car park off the Long Newton to Urray Nook road. Leave the A66 following signs to Long Newton. From Long Newton follow signs to Urray Nook / Eaglescliffe. The car park is on the left after 1.5 km/	Forest Enterprise 01287- 631132 Cleveland Orienteering Klub 01287-624521		Beginners Intermediate Experienced
6	Cod Beck	Grid reference: SE 467993 Nearest town: Osmotherley	Nigel Horne Carlton Outdoor Education Centre 01642-712229	Prior agreement required with Carlton Outdoor Education Centre. Limited availability to school groups only.	Groups Beginners
7	Cowpen Bewley Woodland Park	Grid reference: NZ 482253 Nearest town: Stockton-on-Tees	Visitor Centre 01287-371633	Open during Visitor Centre opening hours.	Groups Beginners Intermediates

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9	Errington Woods	Grid reference: NZ617201 Nearest town: Saltburn Public car park off Grewgrass Lane, turn south off the A174 at grid reference NZ 609223.	Cleveland Orienteering Klub 01287-624521		Beginners Intermediate
10	Flatts Lane	Grid reference: NZ 553169 Nearest town: Middlesbrough From the A171 between Nunthorpe and Guisborough, follow brown signs to Flatts Lane Country Park.	Visitor centre 01642-459629		Wheelchairs Trail-O Beginners Intermediate
11	Foxrush Farm	Grid reference: NZ 593235 Nearest town: Redcar Adjacent to A1042, leading off A174. No car park.	Jo Fearey Redcar and Cleveland Parks and Countryside 01642-776911 Cleveland Orienteering Klub 01287-624521		Beginners
12	Hackworth Park	Grid reference: NZ 235266 Nearest town: Shildon	Tracey Bellas, Shildon Town Council 01388-772563		Beginners, Intermediates
13	Hambleton Leisure Centre	Grid reference: SE 370949 Nearest town: Northallerton Council Offices, Stone Cross, Northallerton. North of town at junction of A 684 with a minor road (roundabout).	Council Recreation Department Cleveland Orienteering Klub 01287-624521	Recommend confirming the state of course with CLOK (01287-624521) before visiting.	Beginners
14	Hardwick Park	Grid reference: NZ 347290 Nearest town: Sedgelyfield.	Visitor Centre 01740-621505	.	Beginners Intermediates, Experienced

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15	Holyhead	Grid reference NZ 618230 Nearest town: Redcar	Redcar and Cleveland Council, Robb Watts, 07717-715444 Cleveland Orienterign Klub 01287-624521		Beginners Intermediates
16	Kirkleatham Musuem	Grid reference: NZ 593215 Nearest town: Redcar Museum car park Turn north from A174 on Kirkleatham Lane, first right to Kirkleatham Old Hall Museum.	Museum Education Department. 01642-479500		Wheelchairs Beginners
17	Lingfield Farm	Grid reference: NZ 513136 Nearest town: Middlesbrough Visitor centre. From the A174, take the A1032 (Hemlington Road) heading south. At the second roundabout turn left on to Stainton Way. At the second roundabout turn right on to Lingfield. At the next roundabout turn right on to Bonnygrove Way. At the next roundabout turn right on to Mount Pleasant Way. Lingfield Farm Countryside Centre is on the left.	Visitor Centre 01642-588487		Beginners Intermediate
18	Locke Park, Redcar	Grid reference: NZ 596247 Nearest town: Redcar East end of park, off Locke Road North of A 174 at Kirkleatham Lane, right at traffic lights Corporation Road, left at next lights, Locke Road.	Redcar and Cleveland Borough Council, Parks and Countryside 0845-6126126	Area prone to vandalism. Check with CLOK before visiting.	Wheelchairs Trail-O Beginners Intermediates
19	Marshall Drive Playing Fields	Grid reference: NZ 672204 Nearest town: Brotton Off Marshal Drive. Follow A174 turn left, north, at roundabout signed Brotton (Skelton Lane) left on Coach Road, then left on Marshall Drive	St Peter's C.E. Primary School, Brotton 01287-676210 Cleveland Orienteering Klub 01287-614521		Beginners Intermediate

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29	Newham Grange Leisure Farm	Grid reference: NZ 489141 Nearest town: Middlesbrough Newham Grange Leisure Farm Wykeham Way Leave A174 south on B1365, follow brown signs left on Newham Way, the left again on Wykeham Way.	Middlesbrough Borough Council, Stewart Park, Middlesbrough 01642-300202		Beginners Intermediate
21	Newham Grange Park	Grid reference: NZ 430204 Nearest town: Stockton-on-Tees Entrance off the A1027, Bishopton Avenue. From the A66, take the A1027 heading north. Turn left at second traffic lights and follow the A1027 along Hartburn Lane and Hartburn Avenue. Cross the roundabout on Oxbridge Avenue into Bishopton Avenue. The park entrance is on the left.	Ragworth Neighbourhood Centre 01642-582046 Elm Tree Community Centre 01642-862090		Beginners Intermediate
22	Ormesby Hall	Grid reference: NZ 528168 Nearest town: Middlesbrough National Trust Ormesby Hall. From the A174, take the A172 heading north. Turn right at traffic lights (Ladgate Lane) and go under a railway bridge. Then look for National Trust car park signs on the right.	National Trust Education Department, Ormesby Hall 01642-324188		Wheelchairs Beginners Intermediate
23	Pallister Park	Grid reference: NZ 515191 Nearest town: Middlesbrough Off Ormesby Road, Middlesbrough. From the A174, take the A172 heading north. At the traffic lights, turn right on to Ladgate Lane. Ormesby Road is the second left after the railway bridge.	Pallister Park Centre 01642-251597	Area prone to vandalism. Check with CLOK before visiting.	Wheelchairs Trail-O Beginners
24	Preston Park	Grid reference: NZ 428158 Nearest town: Stockton-on-Tees Off Yarm Road Eaglescliffe. From the A66 take the A135 heading south. Go across the roundabout on Yarm Road. The car park is signed on the left.	River Tees Valley Wardens, Preston Hall Preston Park 01642-527562		Beginners Intermediate Experienced

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25	Ropner Park	Grid reference: NZ 435180 Nearest town: Stockton-on-Tees Off A1027, Hartburn Lane Leave A66, direction north on A1027, left at second traffic lights, park is on the right.	Cleveland Orienteering Klub 01287-624521		Beginners Intermediate
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27	Round Howe Picnic Area	Grid reference: NZ 157009 Nearest town: Richmond Off the A6108 Richmond to Leyburn road, 1.5 km from Richmond town centre.	Cleveland Orienteering Klub 01287-624521		Beginners
28	Saltburn Valley Gardens	Grid reference: NZ 666213 Nearest town: Saltburn Road side parking on Glenside, Saltburn. Take the A174 towards Saltburn. Go straight ahead at the roundabout on Marske Lane and go through the centre of Saltburn. Turn back right on Glenside just before road drops towards the coast. Look for the bandstand on the right.	Visitor Centre 01287-622408		Beginners Intermediate Experienced
29	Silton Woods	Grid reference: SE 466937 Nearest town: Northallerton Public car park at entrance to woods Leave A19 direction east signed Nether Silton. Through village, first left then right fork to minor road leading to woods.	Forest Enterprise, Pickering 01751-472771 Forest Enterprise, Guisborough 01287-631132 Cleveland Orienteering Klub 01287-624521		Beginners Intermediate Experienced
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31	South Park	Grid reference: NZ 285134 Nearest town: Darlington Roadside parking on Parkside (road). From the roundabout on the southern end of the A66 Darlington by-pass, take the A167 to wards the city centre, Parkside is first on the right.	Visitor Centre 01325-38387		Wheelchairs Beginners Intermediate
32	Stillington Forest Park	Grid reference: NZ 377236 Nearest town: Stockton-on-Tees Roadside parking by the church in Stillington village. Leave A66, direction north, signed Bishopton / Redmarshall. Go straight ahead in Redmarshall through Whitton to Stillington.	Cleveland Orienteering Klub 01287-624521 Wynyard Woodland Park 01740-630011	Recommended to check with CLOK in advance to confirm that the control markers are in place.	Beginners Intermediate
33	Summerhill	Grid reference: NZ 490316 Nearest town: Hartlepool Visitor Centre, Summerhill Lane, off Catcote Road. From the A19 take the A689 heading east towards Hartlepool. On the outskirts of Hartlepool, turn left at a brown sign to Summerhill Country Park. Follow brown signs to the Summerhill Visitor Centre.	Visitor Centre 01429-284584		Wheelchairs Trail-O Beginners Intermediate
34	West Park	Grid reference: NZ 268172 Nearest town: Darlington Parking is in a layby off the A68, Bishop Auckland Road. Leave the A1 at junction 58, heading towards Darlington. Go across the roundabout and parking is on the right after 500m.	The Tees Forest 01642-300716 Cleveland Orienteering Klub 01287-624521		Beginners Intermediate
35	Wynyard Woodland Park	Grid reference: NZ 402247 Nearest town: Stockton-on-Tees Leave the A177 Stockton to Durham road, direction north-east, following a brown sign to Wynyard Woodland Park. After 250m turn left and follow a single track road to the Visitor Centre.	Visitor centre		Wheelchairs Trail-O Beginners Intermediate