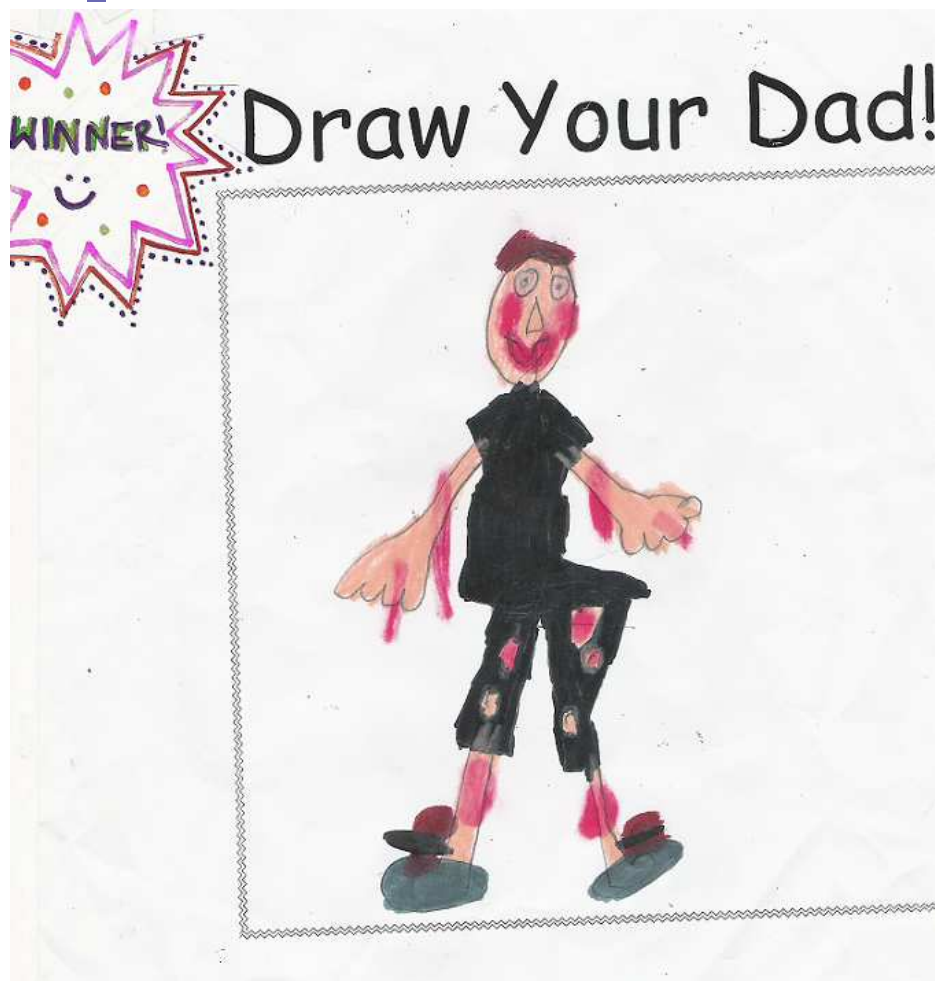




Tchimes

CLUB
MARK

August 2009



An artist's impression of one of our senior CLOK members, after going orienteering! Can you guess who it is? Turn to page 8 to find out.

Editorial

Well the summer is nearly over. I hope you have all had good holidays, and next issue I'm looking forward to some reports from them ☺.

There is a veritable feast of orienteering to look forward to this autumn in the region. This includes the return of CLOK's autumn series, and also the October Odyssey. This year the OO has a twist – Saturday is a normal regional event (incorporating the North East Champs), but Sunday is an urban event round the streets and parks of Northallerton. I've done similar events before I can highly recommend it. Following the main race there is the chance to do an "ultrasprint" – racing for just five minutes (but you get several chances on different courses) around a variety of features including a man-made labyrinth. Don't let the title put you off – it isn't all about sprinting, and being able to make quick decisions and orienteering accurately is just as important!

There is also the CLOK AGM on Monday 19th October, followed by a quiz. See you there!

Duncan Archer

Tel: 0191 383 0422, email: duncan.archer@metaswitch.com

Next edition: October 2009, copy date: 30th September 2009

Congratulations

Congratulations to CLOK members who have been selected to represent their country this summer and autumn:

World Championships, 16th – 23rd August, Miskolc, Hungary

Rachael Elder: Middle & Relay

Pippa Whitehouse: Long & Sprint

Euromeeting, 6th – 9th August, Muotathal, Switzerland

Karen Poole: Middle, Long & Relay

Senior Home Internationals, 3rd/4th October, Northern Ireland

Rachael Elder

Pippa Whitehouse

Duncan Archer

Notice of Annual General Meeting 2009

The Klub Annual General Meeting will take place on **Monday 19th October 2009**. It will be held at Kirklevington Village Hall, starting at 7.00 pm. If you wish to propose a motion for discussion at the meeting, please inform the Klub Secretary (Joan Selby) by 1st October. The agenda will be published about two weeks before the meeting. We already know there will be a vacancy on the committee, so why not volunteer to help keep the klub running smoothly!

It is hoped to complete the business of the AGM as speedily as possible (whilst giving everyone a chance to have their say). The meeting will then be followed by a chance to socialise with tea, coffee and nibbles being provided. (If you want to bring your own drinks that is OK.) Finally there will be a Quiz with an orienteering theme, and hopefully we will finish around 10.00 pm. If there are any keen quiz-goers out there, why don't you volunteer to set the questions, or even suggest some themes for different rounds.

Contact: Joan Selby, Tel: 01642 782475

Local event organisation

Preliminary work by Stephen Restorick illustrated the need to simplify local event organisation as the scale of volunteer effort has been becoming unsustainable. Stephen followed up with a few low key events utilising his own recommendations and the theme has continued through Spring and Summer.

Organisers Workshop

To progress this, CLOK has arranged an "Organisers Workshop" to pool knowledge. If you have organised an event recently and would like to add your observations, please come along.

The evening session is arranged at Belmont School in Guisborough on Monday 21st September from 6pm to 8pm. Please contact Paul Taylor (Tel: 01947 604864) ASAP if you would like to contribute.

Organisers Course

During October there will also be an "Organisers Course".

If you would like to discover the secrets of organising an event, please watch the website www.clok.org.uk for the date and place.

Joan Selby

CLOK handbook / address list

For some time I have been aware that our hand book is getting out of date and that members should have access to contact details that are pertinent to the present time. The compilation of a new handbook is ongoing / under discussion, but I have produced an interim address list that might be useful to you all.

Ann and I have been changing the way our details are stored, which make it much easier to provide the information quickly, and in formats that will give differing details if needed.

For general use, there are two files that are available. The main one being a complete member address list together with phone numbers and e-mails (although omitting details where requested by members). The second is a list of Klub committee members and others holding official posts.

These two documents will be sent out to members for whom we have email addresses. The files will be in PDF format. You have the option of keeping them electronically, or printing out hard copies, or both.

The address file is 22 pages, but can be easily reduced when printing. As an example, I have found the most suitable for myself is to set to landscape and print 2 pages per sheet. This still gives a decent readable font size and halves the number of pages.

That leaves members for whom we do not email addresses. If you would like a copy then contact me and I can either email it if you provide an address, or post a paper copy.

As I said, we are discussing the future of the handbook, as we know it, but the advantage of sending out the information in the style described above, is that it is available now and is up to date.

Joe Dobbs

Membership Secretary

Tel: 01642 481135, email: joedobbs@ntlworld.com

Monthly Klub Nights for Autumn/Winter 2009/10

The committee is planning to have a klub night once a month from October 2009 to March 2010. Anything goes at these evenings – it could be purely fun, a talk on how you won a gold medal at the World Championships, unlocking the secrets of how the SI punching system works or perhaps an interesting street score followed by a drink.

But we need your help. Firstly, is there anybody who would like to take on the job of co-ordinating the evenings? Is there an idea you have for running one of the evenings? Or what do you think would tempt you to come along? We hope to publish the programme in the next edition of TCHIMES (October).

Contact: Peter Archer
Tel: 01609 882420

CLOK equipment

A note for Organisers, Planners and Controllers – and any other interested members.

As you know, CLOK equipment is mostly stored at Glebe House in East Harlsey. This includes, firstly, the Organisers' kit (except some kit and the String Course which are kept by Mike Hardy at Upleatham). Secondly, there are the kites, stakes and punches together with other Planners' Sundries. Full lists of all these can be found on the CLOK website in the members' section.

This note is to let you all know that all the above equipment has moved into a different shed at our house – just across the yard – and still with the same padlock and code (ask us if you do not know this). You can come and collect anytime but it helps if you telephone us first so that we can alert neighbours or be here ourselves.

As part of the sorting and moving, we have decided that we probably only need to keep two of the portaloos (though we shall keep the tents as useful shelters at a start or finish). We propose to dispose of the three spare ones. If anyone would like to store these – “just in case” – or has another use for them, please let us know soon.

Any questions, please get in touch.

Marion Archer

Tel: 01609 882420 / 07896 424202, email:
marion@archerhome.demon.co.uk

Scottish 6 Days, Perthshire

It was great to see so many CLOK-ers at the 6-days. The week was blessed with good weather on all but one day, and we got to sample a great variety of forests including open sand dunes, wooded sand dunes, moorland, typically rough Scottish working forest (!) etc.

Despite being scattered in various accommodations across the area, various CLOK members managed to meet up mid-week for a curry – thanks to Paul and Linda Thornton for organising..

Positions of CLOK members in the overall results were as follows. Particular congratulations to Cat Taylor, who won W20L.

12 th	M12A	Sam Garratt	27 th	W14A	Eloise Wright
3 rd	M16B	Mark Libby	26 th	W18L	Lucy Taylor
43 rd	M18L	Thomas Julian	2 nd	W18S	Alana Wright
15 th	M20L	Robbie Unsworth	1 st	W20L	Catherine Taylor
34 th	M40L	David Spence	14 th	W21S	Lily Unsworth
38 th	M40L	Charles Mayes	29 th	W35L	Diane Mayes
57 th	M40S	Trevor Peacock	37 th	W40L	Isla Mathieson
64 th	M45L	Phillip Batts	8 th	W45S	Gillian Hale
12 th	M50L	Paul Thornton	41 st	W45L	Caroline Mackenzie
19 th	M50L	Alastair Mackenzie	4 th	W50L	Jill Libby
62 nd	M50L	Christopher Wright	12 th	W50L	Ann Cranke
94 th	M50L	Rob Bailey	80 th	W50L	Lorraine Porter
119 th	M50L	Stephen Restorick	10 th	W50S	Wendy Taylor
81 st	M55L	Michael Garratt	20 th	W50S	Judy Unsworth
6 th	M60L	Paul Taylor	41 st	W60L	Alison Hodgson
46 th	M60S	Peter Archer	38 th	W60S	Marion Archer
62 nd	M60S	Terry Unsworth	35 th	W65L	Joan Selby
40 th	M70L	Mike Hardy	18 th	W65S	Judith Robb
9 th	M70S	Robert Ian Robb	9 th	W70L	Gill Hardy
			14 th	W70L	Clarissa Napier
			6 th	W75L	Eileen Bedwell

Duncan Archer

40th anniversary event – Cod Beck

In July, CLOK celebrated its 40th Anniversary with a local event at Cod Beck using more “traditional” methods: black & white map (actually it had blue ditches to differentiate them from paths!), master maps for copying, written control descriptions (although no use of the “indefinite article” that some will remember) and even a chemical toilet in a tent.

Marion Archer wrote in her organiser’s comments:

The idea for an old style event originated with Gerald Helm and I have been happy to carry it forward. The organisation was a bit trickier – gathering together as much original equipment as possible, written instructions for the helpers and more of them, printing out results and noticing who didn’t put in the full 30p or did it all in coppers!. I realise that some modernisations crept in (and thank you to all those who pointed them out) but in a sense that made it orienteering through the ages. Nearly all comments have been favourable and we noticed how sociable it all was. People stopped around to chatter, reminisce and compare notes. Just this morning I was catching up on an interview in Compass Sport where Tony Thornley spoke of using black and white maps – and drawing on to it the blue lines for streams – well, Joan did do that for you. Thanks to all of the helpers who brought their vast experience to such challenging tasks as turning over the numbers on the “start clock”

The mark of an orienteer

A few weeks ago Livia and I were in Sainsburys and were approached by a member of staff. Liv was asked if she would like to draw a picture of her daddy for the Fathers Day competition. We took the entry form and Liv was under instructions to get the picture drawn so that I could return it to the store in time. Days passed and Liv hadn't done her picture. In the end I told her to take it to After School Club and do it there. I picked her up for ballet that afternoon and as we drove to Guisborough, she told me that she had done the drawing – great, I could drop it into Sainsburys while she was at ballet. Liv then told me that she had drawn daddy after he had been orienteering and he was all cut and scratched from the nettles and brambles... my heart sank a little at this, but when I saw the picture (see front cover)... it just looked like he'd been murdered! There was blood everywhere and his clothes were ripped (though there was a smile on his face!).

As I handed it in to the customer services desk at Sainsburys, I felt I had to explain what it was she had drawn. The pictures were all put up on the window in the shop and I worried all week about what people would be thinking about Liv's efforts.

That weekend we had a phone call to say that Liv had won and when could we go in to collect her prize! I must admit to feeling some trepidation as we called at the shop - half expecting a reception party of the police and social services and to be quizzed as to whether Chris was buried under the patio! But all was well and Livia was very happy with her skipping rope.

Subsequently the Evening Gazette reported: *Sainsbury's at Guisborough held a Draw Your Dad competition to celebrate Fathers Day and Livia Wright won the prize for her “excellent and creative” drawing of her dad* (their quotes).

Di Wright

CLOK member profiles

Starting in this issue, and hopefully a regular feature, we are interviewing a number of CLOK members. This issue we start off with three of our top juniors, Tom Julian, Chris Mackenzie and Simon Walton.

Tom Julian

Age: 16

How long have you orienteered? 5 years

What class / course do you run? M18 / Blue / Brown

Who do you run for? CLOK, NEJS, Laurence Jackson Sports College

How did you start? School orienteering

Does your family orienteer? No, but Mum helps with the squad cake stall

What is your best/worst area? Best Coate Moor, worst Kyloe (see next question!)

What were your best / worst runs? Best JK day 3, worst JK day 2!

What foreign countries have you orienteered in? Norway, with NEJS

What is your training schedule? Monday club nights, Tuesday athletics, Thursday / Fridays 20-60 minute runs

What are your life / orienteering goals for the next year? To pass out from Army training; to win age class at JK

Who are your main rivals? Chris Mackenzie (CLOK)

Do you prefer EMIT or SI? SI

Do you use a baseplate or thumb compass? Thumb

What is your favourite orienteering format (e.g. long, middle, sprint, score, relay etc.)? Long

Personal questions...

What is your favourite grub? Fish and Chips

What music do you like? Stones

What sports / hobbies other than orienteering? Athletics, Scouts

Tell us a joke:

Q: What's white and can't climb a tree?

A: A fridge

Chris Mackenzie

Age: 16

How long have you orienteered? 6 years

What class / course do you run? M16 / Blue / Brown

Who do you run for? CLOK, NEJS, Yarm School

How did you start? Stockton-on-Tees summer sports festival with CLOK putting on orienteering

Does your family orienteer? Dad does now

What is your best / worst area? Best: any runnable forest, worst: any complex moorland

What were your best /worst runs? Best JK 2009 day 2, worst whenever I'm disqualified

What foreign countries have you orienteered in? Norway, with NEJS

What is your training schedule? Monday club nights, 3 treadmill session per week

What are your life / orienteering goals for the next year? A-levels in sixth form, top 10 in JK.

Who are your main rivals? Tom Julian (CLOK), Simon Walton (CLOK)

Do you prefer EMIT or SI? SI

Do you use a baseplate or thumb compass? Thumb

What is your favourite orienteering format (e.g. long, middle, sprint, score, relay etc.)? Middle

Personal questions...

What is your favourite grub? Chicken

What music do you like? Rock

What sports / hobbies do you have other than orienteering? Guitar (working for grade 6)

Tell us a joke:

Q: What's the difference between a crag and a boulder?

A: They're the same.....apart from in the opinion of the mapper and the orienteer.

Simon Walton

Age: 15

How long have you orienteered? 5 years

What class / course do you run? M16 / green

Who do you run for? CLOK, NEJS, Hurworth Comprehensive

How did you start? N. Yorks Primary School games

Does your family orienteer? No, but Mum helps at events

What is your best / worst area? Best: Hamsterley Forest, worst: Fylingdales

What were your best /worst runs? Best: York City race, worst: Fylingdales

What foreign countries have you orienteered in? None

What is your training schedule? Pass

What are your life / orienteering goals for the next year? GSCEs; enjoying orienteering

Who are your main rivals? Used to be Tom Julian and Chris Mackenzie, now looking out for Tim Hunter

Do you prefer EMIT or SI? SI

Do you use a baseplate or thumb compass? Baseplate

What is your favourite orienteering format (e.g. long, middle, sprint, score, relay etc.)? Street events

Personal questions...

What is your favourite grub? Yorkshire puds.

What music do you like? Pass

What sports / hobbies do you have other than orienteering?

Swimming; young farmers

Tell us a joke

Q: What's the best way to count a herd of cows?

A: With a cowculator

You know you are an orienteer when...

- you show off your scratches and bruises with pride
- you optimize your route choices to and from the supermarket
- you always have at least one O-map in the bathroom
- you orientate an A-Z, even if it means all the street names are upside down
- you begin doodling in a boring class / meeting, the doodles all look like contour lines and you feel a compulsion to add the tick mark showing which way is down
- you consider taping the shoelaces on your dress shoes
- you can recite your SI / EMIT number from memory, but often have trouble remembering your phone number
- while driving, you never actually get lost, you just make "x min mistakes"
- you think there's nothing wrong with wearing clothes made up of 6 different colours.
- your "ultimate embarrassment" is getting lost on the way to an event.
- you can't drive past open woods without saying "Oooh nice woods...that would make a great orienteering area"
- someone tries to give you directions to their house, you totally ignore them and say "Just tell me the address, I have a map and I can find my own way there"
- you "thumb" your shopping list
- your child believes the three primary colours are lakes, fields, and out of bounds areas...
- "mins/km" replaces mph as your standard unit of speed. For everything.
- you have an o-kite dangling from your car rear view mirror.
- most of the everyday mugs or glasses in your cupboard are prizes from orienteering events
- you can't wait to get older so that you can move up into the next age group.
- you read all of the above and find it funny, not disturbing!!

Delving into the CLOK archives – 1972

Dave Allison continues to pull out the highlights of the founding years of orienteering in the region.

28th February: Patons Orienteering Club, POC, organize at Silton. Police, Cleveland Rescue & RAF Leeming Rescue called out to look for 7 orienteers supposed lost, found at home in West Riding. Gazette quote from Angry Policeman – “these Townies come out on the moors at weekends to show the country lads how to walk. They go round a hill and there isn’t a street sign and they are lost.”

26th March: Wilton Rookies Event - Club abbreviations are AHA, CYC, EC, ES, FS, GGS, LO, POC, RHS, SS, SYC, TCOC, TS & 8S. Can you decipher?

1st April: TCOC membership list & Gazette report of Peter Waldron (now NOR) & Kenny Hill selected for British Junior Tour of Austria

May: TCOC News – 14 members at the Ebor Pickering Badge, Lew Smales M50 and Mark Tyszka M35 gain Gold, Ken Olley & John Potter Joint Second in M21B.

June: TCOC News – Martin Adamson to replace Mark Tyszka as Chairman. The greatest asset at the Otley event was the ability to count Ditches.

August: TCOC News – now the largest club in the north east. To encourage club allegiance members are sewing the letters TCOC on the back of their ‘O’ suits.

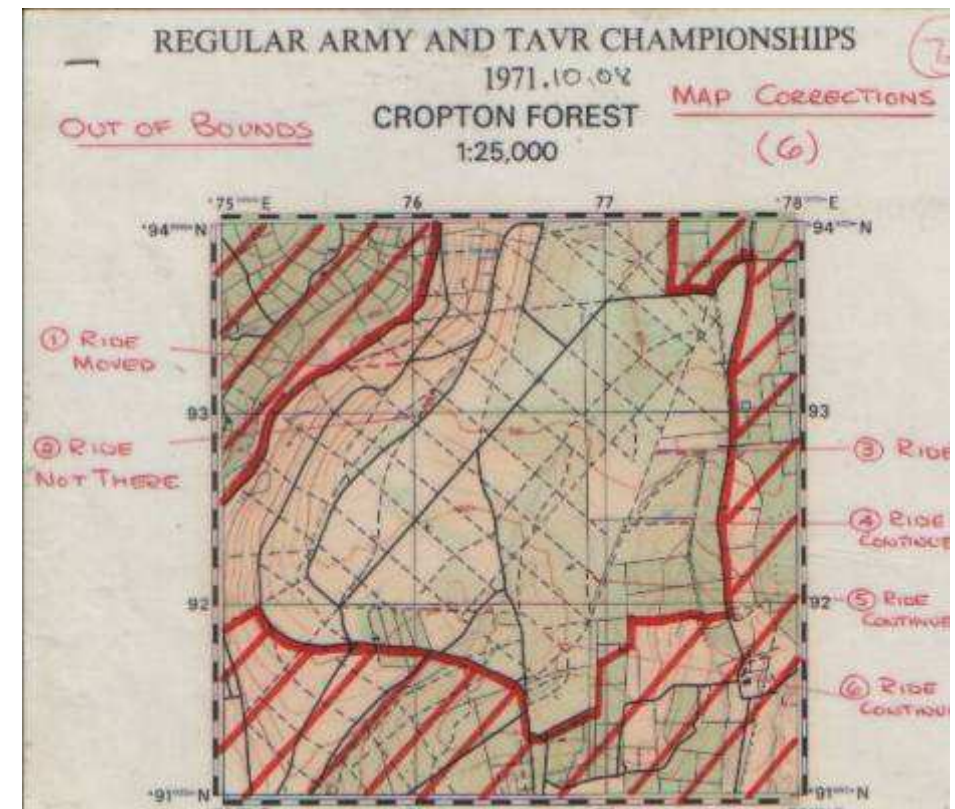
1st October: Secretary’s report – 42 members; organized 2 events, the Wilton Rookies planned by Martin Adamson & Malcolm Conway and a Cropton score; Peter Waldron (now NOR) & Kenny Hill on the British Junior Tour.

8th October: TCOC swap Dalby map with EBOR in exchange for army map of Cropton, 1:25,000 with no magnetic grid just the National OS grid, you had to add the relevant factor. Event name – “The Square Bash” – see map on next page.

Other news in 2009: Yorkshire Schools Championships. COREMA was used at the start & finish, it is a Clock Operated Ring Every Minute Appliance, which worked well except when an official tired to plug in an extra bell & it then rang every 5 seconds and also when a 17 year old ‘lout’ sat on a fence which tore out the terminal wires. Peter Waldron, Acklam, (now NOR) 3rd in M15-16, Adrian Rowland, Middlesbrough High School, 1st in M13-14

The Thompson family (later moved to TVOC) from Hutton Rudby star in the Gazette

British Champs – Jon Williams 11th in Senior Men 2, Mabie, Scotland



“The Square Bash” map

CLOK Local Event
Fylingdales
Sunday 6th September 2009

Location: Parking is in a field at Foulisike farm, sign-posted on the A171 Whitby to Scarborough road at NZ 918027, approx 0.5 mile south of the B1416 junction. £1 car parking fee.

Terrain: Wild and hilly moorland. Courses planned to avoid most of the long heather previously encountered in the area.

Courses: White (very short and easy) to Brown (long and difficult).

Map: 1:10,000 scale, waterproof paper.

Punching system: SPORTident.

Registration: 10:00am – 12:00pm. If you are going to bring a group to this event then please contact the Organiser in advance so that we can print the right number of extra maps.

Starts: 10.30am – 12:30pm. Courses close at 2:30pm

Fees: Seniors: £7 (£2 discount on production of a BOF membership card), Juniors / Students / UB40: £2

Facilities: Limited toilets. No drinks – please bring your own.

Organiser: David Murphy, 01642-809354
davidandviv.murphy@ntlworld.com

Planners: Paul Taylor

Controller: Clarissa Napier

CLOK Autumn Series 2009

Four short orienteering races on Saturday mornings.

Provisional venues (check CLOK website / flyers for confirmation):

Sat 26th Sept: Greens Beck, Stockton
Sat 17th Oct: Lord Stones, Carlton Bank
Sat 7th Nov: Stewart Park, Middlesbrough
Sat 5th Dec: Stockton Riverside

Short, 'sprint style' courses, with estimated winning times around 15 minutes.

Fast, furious racing. Anyone can have a go!

There are some useful tips on sprint orienteering in this YouTube video: <http://www.youtube.com/watch?v=Oi5wBaX3EQQ>.

No hassle. Pre-marked maps. Electronic timing.

There will be Junior coaching session after races 1 - 3. Join in and learn – adults welcome.

There will be Overall Series Prizes in eight classes:-

Men / Women Junior (14-) Course B
Men / Women Youth (18-) Course A
Men / Women Open Course A
Men / Women Veteran (55+) Course B

At each race, each class winner earns 100 points, 2nd earns 99 points, 3rd earns 98, etc. Best 3 (out of 4) races to count.

CLOK October Odyssey incorporating the NE Orienteering Championships ??? and Northallerton 3rd / 4th October 2009

We're offering a slightly different format of October Odyssey this year. On the Saturday there will be a forest-based Regional Event (hopefully – see below!), also serving as the NE Orienteering Championships. On Sunday there will be an Urban Race in Northallerton, followed by an Ultrasprint event in the grounds of the Hambleton Leisure Centre.

Saturday 3rd October 2009

The original plan was to hold a Regional Event in Silton Forest. Unfortunately, when the planner started to identify suitable control sites and legs, he found two problems:

- *The map in several areas needed significant updating, in particular to represent changing vegetation.*
- *The warm wet weather of the past few weeks meant that the undergrowth had shot up and rendered some areas of the forest unusable.*

The first of these might have been overcome, but the second was definitely a "showstopper". A small group of the OO team (including several committee members) have been working hard and quickly to find a good alternative area. When the new venue is identified it will be advertised on the CLOK website <http://www.clok.org.uk> – please keep checking for further details.

Sunday 4th October 2009 – Urban Race in Northallerton

Location: The parking and assembly area will be at the Hambleton Leisure Centre in Northallerton. The postcode is DL6 2UZ and the grid reference is SE 369948. The event will be signposted from the roundabout on the A684 just to the north of Northallerton.

Terrain: Newly mapped to ISSOM 'sprint' standard, the competition area for the Urban Race includes the grounds of the Stone Cross Council Offices and

adjacent sports centre and schools, the grounds of various public buildings within the town, urban parkland, alleys and snickleways around the town centre, all linked together by residential areas of a variety of styles and ages.

Courses: Five courses, ranging in length from 2 km to 7 km. The planned winning times are 35 - 40 minutes.

Registration: 9:30 - 11 a.m.

Starts: 10 - 11:30 a.m.

Fees: Seniors pre-entry: £9, entry on day: £11, £2 discount for senior British Orienteering members
Juniors / Students pre-entry: £3, entry on the day: £4

Facilities: Toilets, showers and changing rooms will be available in the Leisure Centre. There are also lockers that can be used for securing kit, but please note that there will not be enough lockers for every competitor! Water / squash will be available at the finish. We hope to have some local traders selling cakes / hot drinks for charity.

Sunday 4th October 2009 – Ultrasprint in Northallerton

Location & facilities: Same as the Urban Race.

Terrain: In the grounds of Hambleton Leisure Centre, using pre-existing terrain such as sports pitches, copses, thickets, paths, tracks, buildings as well as 'manufactured' terrain including a labyrinth of fencing and other objects.

Format: Each competitor will run three qualifying races, each planned to have a winning time of about 5 minutes. The fastest four men and four women from the qualifying races will then compete head-to-head in spectator-friendly, mass-start 'A' finals. Everyone else will have an individual run in the 'B' final.

Registration: 9:30 a.m. - 12 noon

Starts: Heats: 11 a.m. - 1 p.m.; 'A' Final: 1:30 p.m.; 'B' Final: From 1:45 p.m.

Fees: Free with Urban Race entry. For just the Ultrasprint you can enter on the day for £4 senior / £2 junior.

General

Entries: Preferred on-line at www.fabian4.co.uk. Pre-entries close at midnight on Wednesday 30th September 2009.

If you must pre-enter by post, send an SAE to the Entries Secretary below, who will send you the special entry form.

Entry on the day will be subject to the availability of maps. Depending on demand, you may not be able to run your first choice course.

Course selection: If you wish to be eligible for the NE Orienteering Championships, or an October Odyssey age class title then you need to enter the specified 'championship' course for your age class on the relevant days. See the Entries Information page for the allocation of courses to age classes.

Mementoes will be presented to the winners of the overall October Odyssey age class titles.

Punching system: All three events will use SPORTident electronic punching. SI-cards available for hire 50p per day. There will be a £25 charge for any lost SI-card.

Dogs: Well-behaved dogs are welcome in the parking areas on both Saturday and Sunday.

Thanks: We thank Hambleton District Council for their support for the Urban Race and the Ultrasprint event.

Entries Secretary: Ann Dobbs, 23 Kirkleatham Avenue, Marske by the Sea, Redcar, TS11 7EN, Tel: 01642 481135

General Enquiries: Anne Dehany, Tel: 01642 596970, Email: anne@clock.org.uk

Forthcoming events

- 29th-31st Aug EBOR White Rose weekend
Sun 6th Sept CLOK Local event, Fylingdales
Sat 12th Sept AIRE Regional event, Kilnsey, Skipton
Sun 13th Sept AIRE Regional event, Malham Moor
Sun 20th Sept CLARO Local event, Lindley Moor, nr. Harrogate
Sat 26th Sept CLOK Autumn Series, Greens Beck, Stockton
Sun 27th Sept SYO Local event, Brodsworth Moor, Doncaster
Sat 3rd Oct CLOK October Odyssey, ??? regional event
Sun 4th Oct CLOK October Odyssey, Northallerton urban event
Sun 11th Oct NATO NE Score Champs, Wallington.
Sun 11th Oct EBOR Local Event, Heater Rigg.
Sat 17th Oct CLOK Autumn Series, Lord Stones, Carlton Bank
Sun 25th Oct NATO Local event, Ashington
Sun 25th Oct EPOC Regional event, Marsden Moor
31st Oct / 1st Nov Tinto Twin Regional events????
Sat 7th Nov CLOK Autumn Series, Stewart Park, Middlesbrough
Sun 8th Nov EBOR Local event, Raincliffe
Sat 14th Nov CLOK Night event, Coatham Woods
Sun 15th Nov CLOK Local event, Coatham Woods
Sat 28th Nov CLARO Night event, Hollin Head
Sun 29th Nov CLARO Local event, Hollin Head
Sat 5th Dec CLOK Autumn Series, Stockton Riverside
Sun 13th Dec CLOK Local event, Eston

Safety: Please remember that you must download even if you do not complete your course. CLOK strongly recommends that you carry a whistle whilst participating in all forest-based orienteering events.

Please remember that competitors take part at their own risk. Your safety whilst orienteering is your own responsibility.