

**Orienteering Military League North (MLN)**  
**(2 Division League)**  
**Season 2010/11 Event 1**  
**Wednesday 22<sup>nd</sup> September 2010.**

The first league event of this season will take place at Warcop on Wednesday 2<sup>nd</sup> September 10. The car park will be at the car park, Rossmede Dry Training Area, Grid 735176. Enter the training area off the A66 at Grid 744166, Map Sheet 91 Appleby-in-Westmorland.

**Courses**

Brown Course	8.0 kms
Blue Course	5.0 kms
Green Course	3.0 kms

**Timings**

Registration	1030-1330 hrs
Starts	1030-1345 hrs
Course Close	1500 hrs

**Runners must download even if they do not complete the course.**

**Map**

1:10,000	Pre marked on Waterproof Paper
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**Cost**

£3

**Emit**

This event will use Emit Electronic Punching. Competitors will Complete a registration form on arrival and hand it in with payment. They will be issued a map and Emit Card. Competitors may start at anytime; just go to the start when ready. Unit members running on the same course must have a 4 minute gap between starts.

**Officials.**

Planner	Major Boris Spence
Controller	Rob McKenna NN
Organiser	Maj Spence

**Area**

This is a Military Training Area. Runners may encounter objects associated with Military Training; they should be avoided and never picked up. The area is mixed woodland and rough open with an extensive track layout. This is a very fast area, but also a good area for newcomers to orienteering.

**Facilities**

Toilets at the start, squash at the finish.