

**An Evening Event****Silton Woods****Wednesday 29<sup>th</sup> July 2009**

Travel	Take the road southwards from Over Silton towards Kepwick. Enter through Forestry Commission gate at south-west corner of wood. Parking on forest track. (Grid Ref SE458927)	
Area & Map	Silton Woods. Mixed woodland. 1:10,000.	
Courses	Short (~2.6 km), medium (~3.5 km) and long (~4.9 km). Pre-marked maps.	
Timing	SI system electronic punching will be used. Dibbers can be hired at the event.	
Registration	5.30 pm to 6.45 pm	
Start times	5.45 pm to 7.00 pm Courses close at 8.30 pm	
Fees	Seniors £2.00. Juniors/Students/UB40 £1.00.	
Facilities	No Toilets.	
Dogs	No dogs in the competition area. Must be on a lead at all times in the parking area.	
Officials	Planner	Martyn Dean
	Controllor	Martin Adamson
	Organiser	Will Dehany
		Tel. 01642 596970
		e-mail: will.dehany@gmail.com

**Safety: Competitors take part at their own risk.****An Evening Event****Silton Woods****Wednesday 29<sup>th</sup> July 2009**

Travel	Take the road southwards from Over Silton towards Kepwick. Enter through Forestry Commission gate at south-west corner of wood. Parking on forest track. (Grid Ref SE458927)	
Area & Map	Silton Woods. Mixed woodland. 1:10,000.	
Courses	Short (~2.6 km), medium (~3.5 km) and long (~4.9 km). Pre-marked maps.	
Timing	SI system electronic punching will be used. Dibbers can be hired at the event.	
Registration	5.30 pm to 6.45 pm	
Start times	5.45 pm to 7.00 pm Courses close at 8.30 pm	
Fees	Seniors £2.00. Juniors/Students/UB40 £1.00.	
Facilities	No Toilets.	
Dogs	No dogs in the competition area. Must be on a lead at all times in the parking area.	
Officials	Planner	Martyn Dean
	Controllor	Martin Adamson
	Organiser	Will Dehany
		Tel. 01642 596970
		e-mail: will.dehany@gmail.com

**Safety: Competitors take part at their own risk.**