

Cleveland Orienteering Klub
invites you to a
Local Orienteering Event (C5) at
Summerhill Country Park, Hartlepool
on Saturday 14th March 2009

- Location** Parking will be in the car park of Summerhill Country Park at grid reference NZ 490317. Take the A689 from Billingham to Hartlepool and follow the Brown Summerhill Signs.
- Terrain** Typical Country Park. Fairly flat, rough open with a good path network.
- Courses** Short Length (about 2.5km)
Medium Length (about 4.0km)
Long Length (about 6.0km)
- Map** 1:5000 Scale – A4 size – Pre-printed and bagged or waterproof paper
- Punching** Manual timing. Electronic punching will not be used.
Please bring a pen to write down the marker codes on your control card.
The courses will use permanent orienteering course markers.
- Registration** **10:00 to 10:30** Limited maps will be printed – first come, first served or recycled maps.
- Starts** **10:00 to 10:45** (or until everyone has started). Courses close 12.30.
- Fees** Seniors: £2.00 Juniors / Students / UB40: £1.00
- Facilities** Toilets – Visitor centre should be open from 10.00.
No drinks – Bring your own.
Children's play area & BMX course.
- Officials** Planner/Organiser – Martin Adamson & Will Dehany – will@dehany.clara.net
- Results** Simple results will be published on the CLOK website.
No split times. No RouteGadget. No string course.
- Safety** Please remember that competitors take part at their own risk.
Your safety whilst orienteering is your own responsibility.
- CLOK strongly recommends that you carry a whistle whilst participating in this (and every) orienteering event.**
- Please remember that you must return to the start/finish even if you have not completed your course so that your safety can be assured.
- Cancellation** If the event is cancelled there will be an announcement on the CLOK web site.
- Controls** **Permanent Orienteering Course Markers**
Permanent Orienteering course markers consist of a red square. Most are wooden posts including existing gateposts. The control number/letter will be in the upper triangle, and the marker letter in the bottom triangle.